#### Global Studies Unit 3, Lesson 6

## FOOD FOR THOUGHT

#### Ms. Brinkman

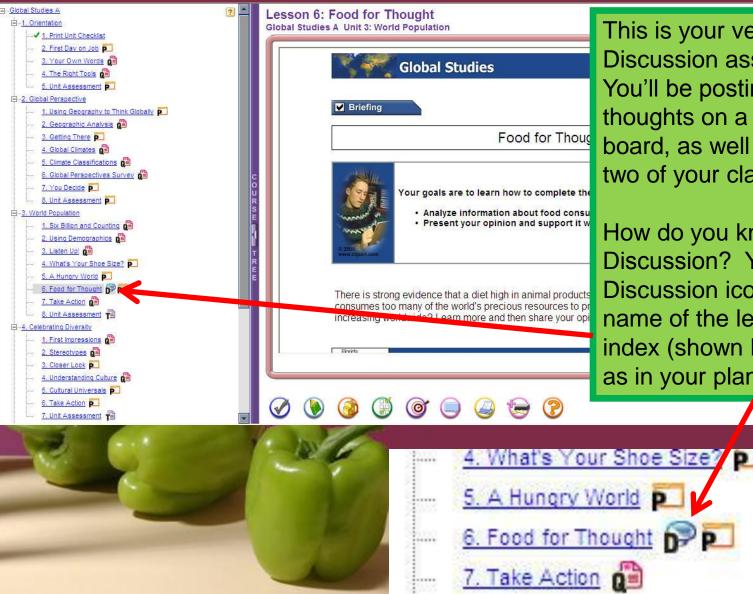


#### TRIVIA QUESTION!

Can you name all of the people pictured here?

What do they all have in common?

Stumped? Read through the rest of this tutorial. You'll find the answers at the very end.



This is your very first Discussion assignment. You'll be posting your thoughts on a discussion board, as well replying to two of your classmates!

How do you know this is a Discussion? You'll see the Discussion icon next to the name of the lesson in the index (shown here), as well as in your planner.

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: Food for Thought ies A Unit 3: World Population
Global Studies
Assignment

Now that you've learned about the importance of reducing your ecological footprints, this lesson will show you yet another way you can help save the environment. This lesson will challenge you to view the food on your plate with a whole new perspective!

Food for Thought

People sometimes get emotional when they talk about food. Not only is food necessary to sustain life, but we feel strongly about what kinds of food we eat and how the food is prepared. Food is an important part of our cultural lives. Religious beliefs may dictate what can and cannot be eaten, as well as how and even when it is prepared. We use food to celebrate special occasions. We are deeply attached to and even defensive about the foods we eat. And nowhere is the emotion about food more obvious than during a discussion between meat eaters and vegetarians.

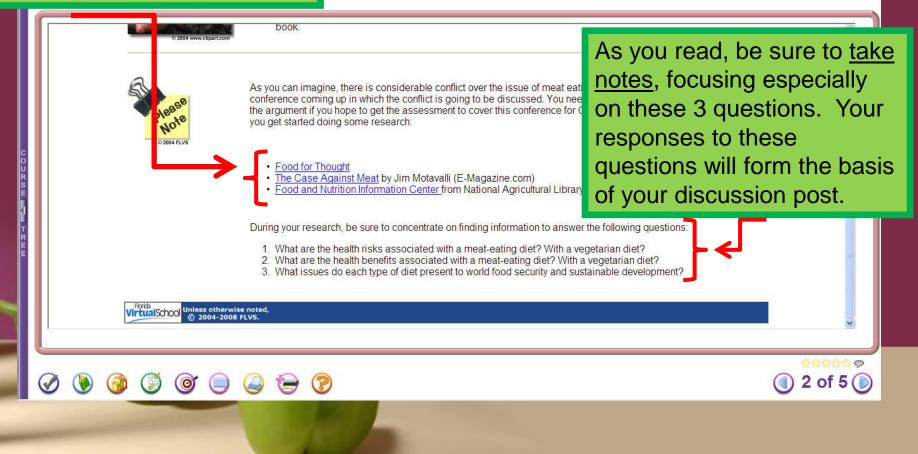


In 1971, a landmark and best-selling book was published called *Diet For A Small Planet*. The author, Frances Moore Lappé, challenged the experts regarding the causes of world hunger. With careful precision, she outlined a way of eating that would not only be healthier for people, but would also be ecologically sound and socially just. As a result of her book, many people embraced the wisdom of not eating meat, agreeing with her that it made more sense to make better use of the world's resources to provide food security for everyone.



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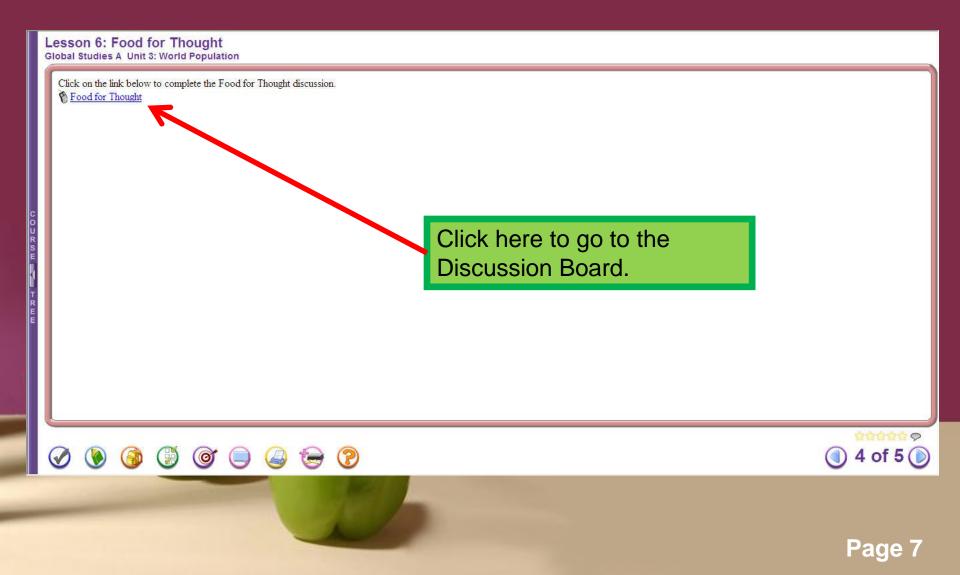
Thoroughly read the information in these 3 links concerning meat vs. vegetarian diets.



Time to discuss!

THREE PARAGRAPHS.

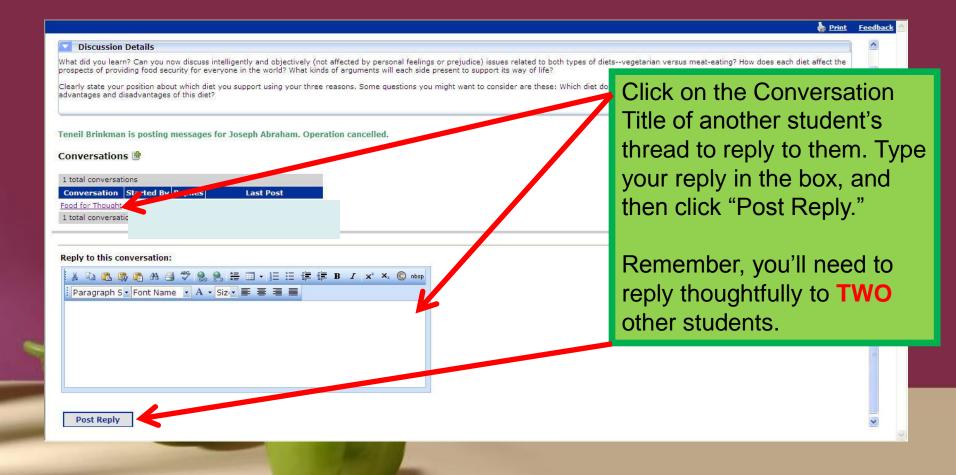
Be sure you follow these 3 directions, located here in Click here to read the rules the Report Tab. Be to know what you learned. Take the time to think about it, a of posting to the Discussion s to support one diet over the other. Once you have chosen persuasive in your writing. Board. You'll also find tips on how to construct your Clearly state your position about which diet you support using your three want to consider are these: Which diet do you support and why? What and disadvantages of this diet? responses. 2. Once you have written your position, post it in the Discussion. Be sure section. 3. Respond to the posts of two classmates discussing why you agree or disagree with their positie posting a Discussion, please refer to the Guidelines for Student Discussion Submit Your Work . In the Food For Thought assessment, submit a copy of your essay and the names of the two people to whom you responded in the Discussion. How will you be graded on this assessment As always, check the Rubric to make 3 of 5 ( sure you've satisfied every element. Notice that this assignment requires

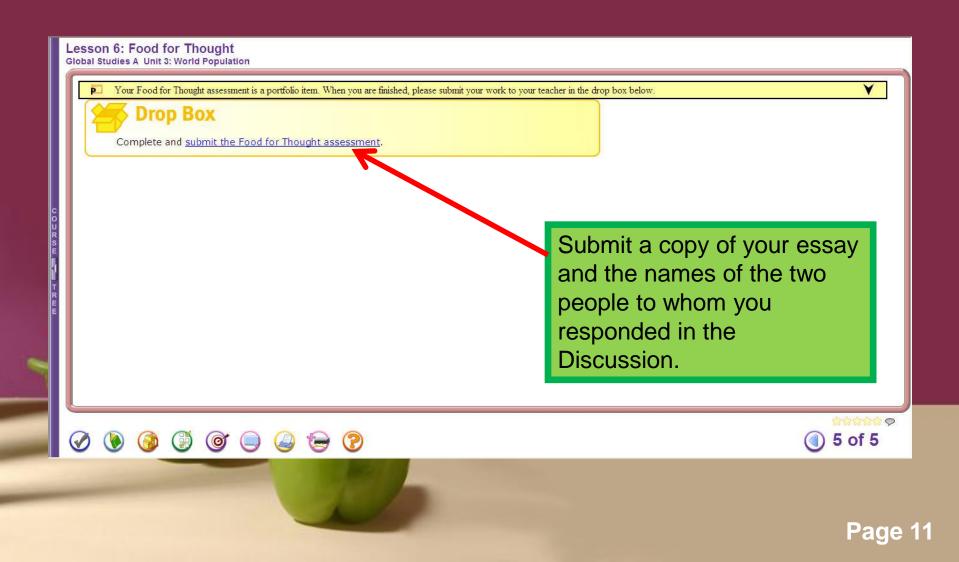


at did you learn? Can you now discuss intelligently and objectively (not affe	cted by personal feelings or prejudice) issues related to both types of dietsvegetarian versus meat-eating? How does each diet affect the
rospects of providing food security for everyone in the world? What kinds of a learly state your position about which diet you support using your three reasc	rguments will each side present to support its way of life?
dvantages and disadvantages of this diet?	
eneil Brinkman is posting message:	Click here to begin a new
onversations	thread for your discussion
total conversations	post.
Conversation Started By Replies Last Post	post.
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Give your post a title related to your post's content, and then write your post in the Conversation Title: box. Body: 🔏 🖻 👸 👸 🎒 🚳 🍯 🖤 🤱 🎘 🇮 🗐 + 🗄 汪 హ హ B 🖌 🗙 🕲 mbsp Paragraph S 🔹 Font Name 🔹 🗛 🔹 Siz 🔹 🚍 🚍 🚍 Start Conversation Cancel Click "Start Conversation" when you're finished.

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# If you're interested in the Vegetarian diet, check out these sites!

Have you seen "The Matrix"? See it here like you've never seen it before! www.TheMeatrix.com



Can't give up meat, but still want to make a difference? Go meatless on Mondays. Join the movement. <u>www.MeatlessMonday.com</u>

Want to go vegetarian, but aren't sure how to get started? Take the 30-Day Pledge to Be Veg!

www.GoVeg.com

### **Trivia Question Answers**

**Beginning from the Top Left, going clockwise:** Alicia Silverstone, Alec Baldwin, Tony LaRussa, Ben Franklin, Kevin Eubanks, Joe Namath, Paul McCartney, Seal, Mr. Rogers, **Omar Epps, Paris Hilton, Ellen DeGeneres,** Ms. Brinkman, Carl Lewis, Martina Navratilova, Natalie Portman, Adolf Hitler, Carrie Underwood, B.J. Armstrong, Richard Gere, Mahatma Gandhi, Forest Whitaker, **Albert Einstein** 

And what do they all have in common? They're all VEGETARIANS!

## **Contact Information**

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