

Global Studies

Mrs. Sage

Module 3, Lesson 6

- Food for Thought

Global Studies

GNN
"Global News Network...Bringing the World Community Together One Story at a Time"

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Click here to start lesson 3.06: Food for Thought

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Briefing

Assignment

Report

Lesson 3.06 Food for Thought



Your goals are to learn how to complete these objectives:

- Analyze information about food consumption
- Present your opinion and support it with research

Your objectives for this lesson are on this first tab. Get ready to form your opinion as well as state it and respond to others.

There is strong evidence that a diet high in animal products is not only unhealthy, but it also consumes too many of the world's precious resources to produce. Why then is meat consumption increasing worldwide? Learn more and then share your opinion.

Briefing

Assignment

Report

Lesson 3.06 Food for Thought

People sometimes get emotional when they talk about food. Not only does food sustain life, but we feel strongly about what kinds of food we eat and how it is prepared. Food is an important part of our cultural lives. Religious beliefs may dictate what can be eaten, as well as how and even when it is prepared. We use food for many occasions. We are deeply attached to and even defensive about the food we eat. This is the emotion about food more obvious than during a discussion about vegetarians.

Food is a large part of our culture and changing attitudes about the way we eat is very tough. Studies have shown certain diets are healthier and more sustainable than others. Read through the lesson and see what you think.



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In 1971, a landmark and best-selling book was published called *Diet For A Small Planet*. The author, Frances Moore Lappé, challenged the experts regarding the causes of world hunger. With careful precision, she outlined a way of eating that would not only be healthier for people, but would also be ecologically sound and socially just. As a result of her book, many people embraced the wisdom of not eating meat, agreeing with her that it made more sense to make better use of the world's resources to provide food security for everyone.

Meat eaters took notice. After all, the book was suggesting people stop



As you can imagine, there is considerable conflict over the issue of meat eating versus vegetarianism. There is a big conflict is going to be discussed. You need to read both sides of the argument if you hope to get a good conference for GNN. Below are some links to some research:

- [Food for Thought](#)
- [The Case Against Meat](#) by Jim Motav
- [Food and Nutrition Information Center](#)

During your research, be sure to concentrate on the following questions:

1. What are the health risks associated with a meat-eating diet? with a vegetarian diet?
2. What are the health benefits associated with a meat-eating diet? With a vegetarian diet?
3. What issues do each type of diet present to world food security and sustainable development?

There are strong feelings on both sides of this issue. Meat vs. Vegetarian. Which diet is best? What does that mean? Take a look at the links on this page, read through your research questions and take notes as you peruse these sites.

Briefing Assignment Report

Lesson 3.06 Food for Thought

What did you learn? Can you now discuss intelligently and objectively (without feelings or prejudice) issues related to both types of diets--vegetarian and omnivore? How does each diet affect the prospects of providing food security for everyone? What kinds of arguments will each side present to support its way of life?



Your editor wants to know what you learned. Take notes on what you learned and then carefully choose the three most important points about each diet over the other. Once you have chosen your position, you will be asked to do the following:

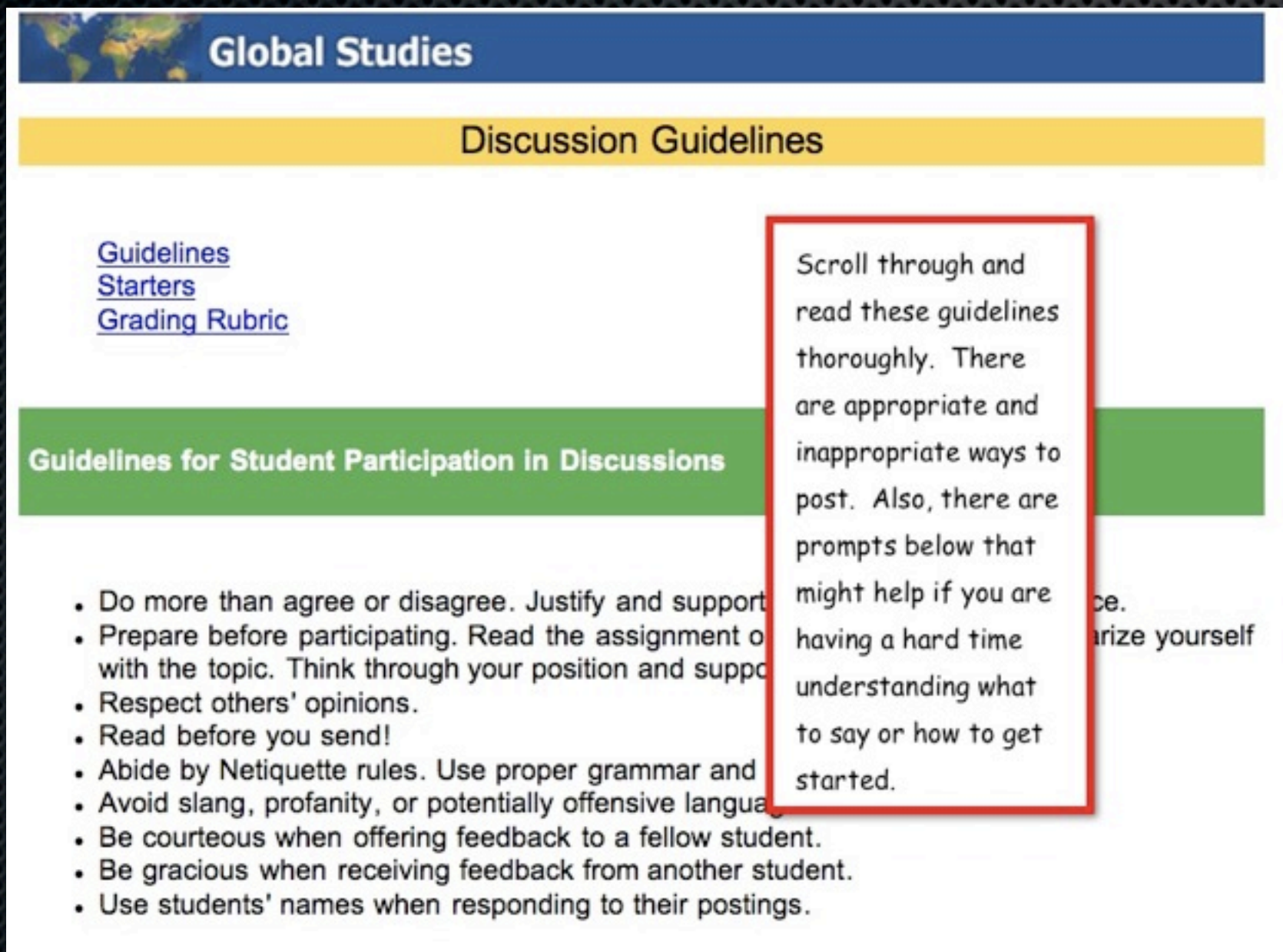
1. Clearly state your position about which diet you support and the reasons. Some questions you might want to ask yourself are: Which diet do you support and why? What are the advantages and disadvantages of this diet?
2. Once you have written your position, post it in the discussion area of the course. Be sure to post it in the **3.06 Food for Thought** discussion area.
3. Respond to the posts of two classmates discussing why you agree or disagree with their positions. For help posting a Discussion, please see the **Course Information** area for detailed directions, and refer to the [Guidelines for Student Discussion](#) in the Course Resource Section.

You know more about these two diets. Based upon the data you found which is the diet you support? Look at the questions below and write out your supportive paragraph. You will post it and respond to another student's.

Remember when posting to keep a positive tone-be encouraging and disagree without leaving inappropriate remarks- instead explain yourself thoroughly.

3. Respond to the posts of two classmates who disagree with their positions. For help post in the **Course Information** area for detailed [Guidelines for Student Discussion](#) in the C

Click here for guidelines on posting to the discussion groups



The screenshot shows a course page for 'Global Studies'. At the top is a blue header with a world map icon and the text 'Global Studies'. Below it is a yellow banner with the text 'Discussion Guidelines'. Underneath are three blue links: 'Guidelines', 'Starters', and 'Grading Rubric'. A green banner contains the text 'Guidelines for Student Participation in Discussions'. Below this is a list of bullet points. A red box highlights a paragraph of text that reads: 'Scroll through and read these guidelines thoroughly. There are appropriate and inappropriate ways to post. Also, there are prompts below that might help if you are having a hard time understanding what to say or how to get started.'

Global Studies

Discussion Guidelines

[Guidelines](#)
[Starters](#)
[Grading Rubric](#)

Guidelines for Student Participation in Discussions

- Do more than agree or disagree. Justify and support
- Prepare before participating. Read the assignment or with the topic. Think through your position and support
- Respect others' opinions.
- Read before you send!
- Abide by Netiquette rules. Use proper grammar and
- Avoid slang, profanity, or potentially offensive language
- Be courteous when offering feedback to a fellow student.
- Be gracious when receiving feedback from another student.
- Use students' names when responding to their postings.

Scroll through and read these guidelines thoroughly. There are appropriate and inappropriate ways to post. Also, there are prompts below that might help if you are having a hard time understanding what to say or how to get started.

There is also a tutorial for posting on the discussion groups.

Take a look for it on the announcement page next to this one.

Extra Credit Anyone?

feel free to complete this extra credit assignment or skip it. your choice.

3. Respond to the posts of two classmates discussing why you agree or disagree with their positions. For help posting a Discussion, please see the **Course Information** area for detailed directions, and refer to the [Guidelines for Student Discussion](#) in the Course Resource Section.



At the end of 3.06 you have the opportunity for an extra credit assignment. Click the file "Extra Credit" for information on how to complete it.

Submit Your Work

- In the **3.06 Food For Thought** assessment, submit a copy of your essay and the names of the two people to whom you responded in the Discussion area.



[How will you be graded on this assessment?](#)

Are all necessary pages printed and placed in your notebook?
Is all work saved on a floppy, zip disk, or CD?

Lesson 3.06 What's for Dinner? Extra Credit Assignment

Here is a fun and tasty way to earn some extra credit. Follow the **optional assignment**.

- Use the links below to find vegetarian recipes.
- Plan a four-course vegetarian meal that would include appetizer (main dish), and a dessert. You may want to consider basing it possibly on a particular culture or region of the world.
- Design an **interesting and creative** menu for your meal.
- Provide a copy of each recipe included in your meal.

[In a Vegetarian Kitchen](#) from Nava
[Vegetarian Recipes](#) from Allrecipes
[Vegetarian Resource Group](#) by The Vegetarian
[Vegetarian Recipes from Around the World](#) from the Inte

Submit Your Work

- Submit in the **3.06x What's for Dinner?** assessment .

Another way to showcase your creativity. Decide on a vegetarian meal, provide the recipes but put together a menu as well.

Your menu should be enticing, something to look forward to. Be creative and use visuals.

3.06 & 3.06x Assessment

The screenshot shows a list of assignments in a course management system. The list includes:

- Worksheet: [3.03 Listen Up](#) (Not submitted, 0 / 2)
- Assignment: [3.04 What's Your Shoe Size?](#) (Not submitted, None / Unlimited)
- Assignment: [3.05 Hungry World](#)
- Assignment: [3.06 Food for Thought](#)
- Assignment: [3.06x What's for Dinner?](#)
- Worksheet: [3.07 Take Action](#)
- Worksheet: [3.08 Module Quiz](#)
- Worksheet: [4.01 First Impressions](#) (Not submitted, 0 / 2)
- Worksheet: [4.02 Stereotypes](#) (Not submitted, 0 / 2)
- Assignment: [4.03 Closer Look](#) (Not submitted, None / Unlimited)

A red-bordered callout box with two red arrows pointing to the links for 3.06 and 3.06x contains the following text:

Click here to submit 3.06.

If you decide on extra credit submit it under 3.06x

3.06 is a required assignment.

3.06x is extra credit and an optional assignment.

Title	3.06 Food for Thought
Details	<p>Please refer to detailed directions in the lesson regarding what to attach here.</p> <p>Once you have posted the required response in the Discussion area, type the name of the student whose response you responded to in the comment box below.</p>
Due Date	
Points Possible	100.0
Course Contribution	100
Submissions Allowed	Unlimited
Submission Number	0
Optional File Upload	<input type="text"/> <input type="button" value="Choose..."/>
Show all files I have uploaded (1 file(s))	
Student comments	<div style="border: 1px solid #ccc; height: 150px; width: 100%;"></div>
<input type="button" value="abc Spell Check"/> <input type="button" value="Add Audio"/> <input type="button" value="Add Video"/>	
<input type="checkbox"/> Submit for Grading <input type="button" value="Reset"/> <input type="button" value="Submit"/>	

To submit 3.06 you will need to submit your paragraph that was posted on the discussion boards and write the names of the two students you responded to.

You can submit a file with the information or just paste it under the "Student Comments" here.

- ✦ There is a lot of debate over diet. Is a vegetarian diet best? How does a meat diet factor into the studies? There are many factors including environmental, cultural, economic and health. What do you think? Pick a side, support your decision with objective information gained from the lesson. Post your paragraph and then respond to another student.
- ✦ Remember there are guidelines for posting on the discussion groups. Take a look at the tutorial for posting if you have any questions!

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✦ <http://tiny.cc/sageappt>